

Neurosurgery News

The Practice Newsletter for WSU Neurosurgery

March 2011: National Nutrition Month

The Neurosurgery News is looking for stories about our team members for upcoming issues.

This means you! If you have a unique talent or participate in something unique or different, let us know. We will be sure to feature you soon!

In this issue:

Check out the Renovated HPOB Clinic!

A Brief Interlude into the Comics....

Why Playing Golf Pays Off....

A Super-Difficult Contest....

Upcoming Dates and Holidays.

How to Eat Smart....

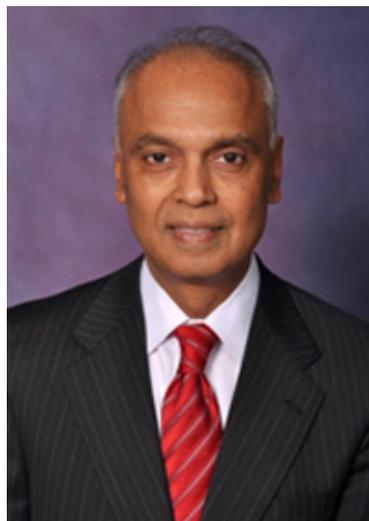
We are always looking for comments, requests, and updates for the department webpage.

If you think something should be showcased or you notice something that is out of date, let Brandon know ASAP at:

bparker@med.wayne.edu

Dr. Guthikonda Reappointed as Chair

Second confirmation in the post begins another five-year tenure.



Murali Guthikonda, MD, FACS, L. Murray Thomas Professor of Neurosurgery, was recently reappointed Chairman of the Neurosurgery Department and Program Director of the Neurosurgery Residency Program for Wayne State University. This five year appointment is his second confirmation in these positions.

Dr. Guthikonda has been with the Neurosurgery Department at Wayne State since 1993, where he initially was appointed as an Assistant Professor. He stepped into the role of interim chairman in 2000, and was named the permanent chair and program director in 2005. In 2008, Dr. Guthikonda was promoted to professor and became the L. Murray Thomas Professor of Neurosurgery.

Dr. Guthikonda specializes in minimally invasive cerebrovascular and skull base surgery. He has a special interest and is well-known for his skill in managing pituitary tumors and complex vascular lesions. He has authored over 40 articles on a variety of neurosurgical disorders, and has also been the key factor in expanding the roles of sub-specialties in the Neurosurgery Department at Wayne State University.

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Harper Pro Clinic Undergoes Renovations

Over the last month or so, our clinic located in the Harper Professional Office Building has undergone some pretty significant and much-needed renovation and improvements. To get these done, it has taken a combination of hard work and dedication from not only the artisans responsible for making the changes, but our clinic staff as well.



One of the renovated exam rooms.

From the start, our clinic staff has taken the lead in preparing the clinic areas to receive their make-overs. Clinic staff were responsible for cleaning the clinic areas and preparing

all clinic materials for storage and moving. Once this was complete, they then actually did the moving themselves, taking the items from the clinic to temporary storage areas. Without the dedication and determination of the clinic staff (which was magnified and bolstered by the work of Debbie Fleming), the transformation of the clinic never could have happened.

And as you can see from the accompanying pictures to this article, their hard work definitely paid off. The clinic has a much more vibrant and “alive” feeling than it did previously. Warm colors encompass the walls of the waiting area, main areas, and examination rooms, giving



The new waiting room.

the clinic as a whole a much more comforting and inviting feeling. This should provide patients and visitors to our clinic a more relaxing experience as they wait to see our physicians.

Furthermore, all clinic areas have also seen some improvements at their lowest levels. The next time you walk into the clinic, take a look at the floor. Some shiny new tile or colorful carpet should be in your line of view.

All for all, the clinic is in a much better spot, aesthetically, than it was before. However, that’s not to say that all the work is done. More work will be done in the future to improve the cabinets within the clinic, bringing another level of improvement to the area. The next time you are around our HPOB clinic, make sure to let the clinic staff (and Debbie) know how great everything looks.



The new look of the main clinic staff area.

Brain Food for the Month

The Top Ten Highest-Paid Athletes in the United States for 2010

10. Dwyane Wade (Basketball, Miami Heat): \$15,779,912 (salary) + \$12,000,000 (endorsements) = **\$27,779,912**
9. Peyton Manning (Football, Indianapolis Colts): \$15,800,000 (salary) + \$15,000,000 (endorsements) = **\$30,800,000**
8. Derek Jeter (Baseball, New York Yankees): \$21,000,000 (salary) + \$10,000,000 (endorsements) = **\$31,000,000**
7. Kobe Bryant (Basketball, Los Angeles Lakers): \$23,034,375 (salary) + \$10,000,000 (endorsements) = **\$33,034,375**
6. Shaquille O’Neal (Basketball, Boston Celtics): \$21,000,000 (salary) + \$15,000,000 (endorsements) = **\$36,000,000**
5. Alex Rodriguez (Baseball, New York Yankees): \$33,000,000 (salary) + \$4,000,000 (endorsements) = **\$37,000,000**
4. LeBron James (Basketball, Miami Heat): \$15,779,912 (salary) + \$30,000,000 (endorsements) = **\$45,779,912**
3. Floyd Mayweather Jr. (Boxing): \$60,000,000 (winnings) + \$250,000 (endorsements) = **\$60,250,000**
2. Phil Mickelson (Golf): \$9,660,757 (winnings) + \$52,000,000 (endorsements) = **\$61,660,757**
1. **Tiger Woods (Golf): \$20,508,163 (winnings) + \$70,000,000 (endorsements) = \$90,508,163**

What's on Your Mind?

January's Contest Winner

Since we didn't have enough space on the contest page to document our winner from January (and you will know why when you look at this month's contest), we wanted to take this space to congratulate our winner from January, Val Smartt. Val was outstanding when it came to our Political Science 101 pop quiz, scoring a 100% and moving herself right to the head of the class. In fact, your humble editor is wondering if she can be a guest lecturer in a couple of classes to give me....I mean, him, a chance for a break!

For those that are interested, the multiple choice answers were as follows:

1. a, unitary system
2. a, pay for the huge debt caused by the Civil War
3. d, a republic in which people elect representatives to make laws.
4. b, the protection of individual liberties from the national government.

The essay question's answer is....an essay. Get in touch with Brandon if you really want to talk federalism.



**January's Contest Winner
Val Smartt**

Val won a relaxing (above) and delicious (example of dessert on left) lunch at the DIA....will you be next?

Did you know?

March is National Nutrition Month, a program designed to help all of us make more healthier decisions and informed food choices whenever we eat.

This year's theme is "Eat Right with Color." For more information about this program, check out the American Dietetic Association's website at:

<http://www.eatright.org/nnm/>

Upcoming Dates of Interest:

- 03.08.11: Fat Tuesday / Mardi Gras
- 03.09.11: Ash Wednesday
- 03.13.11: Daylight Savings Time Begins (spring ahead!)
- 03.17.11: St. Patrick's Day
- 03.20.11: Purim
- 03.20.11: Vernal Equinox
- 04.01.11: All Fool's Day
- 04.15.11: Income Taxes Due
- 04.17.11: Palm Sunday
- 04.19.11: Passover
- 04.22.11: Good Friday
- 04.22.11: Earth Day
- 04.24.11: Easter Sunday
- 04.27.11: Administrative Professionals Day

A Quick Break for Some Comics....

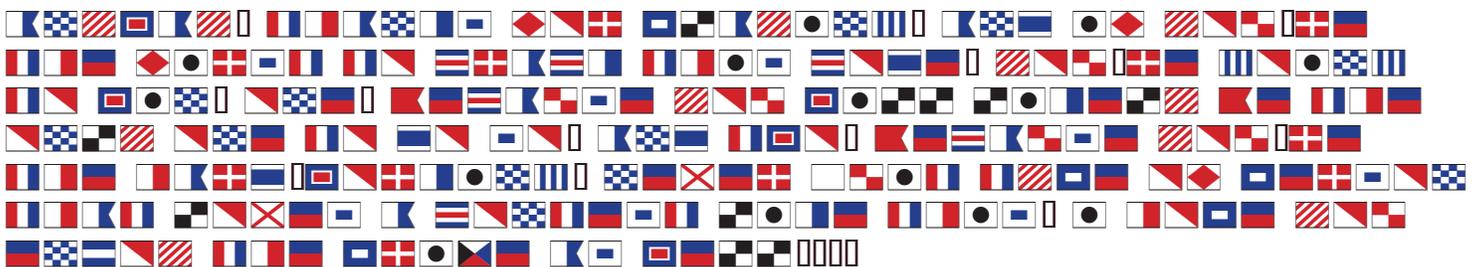
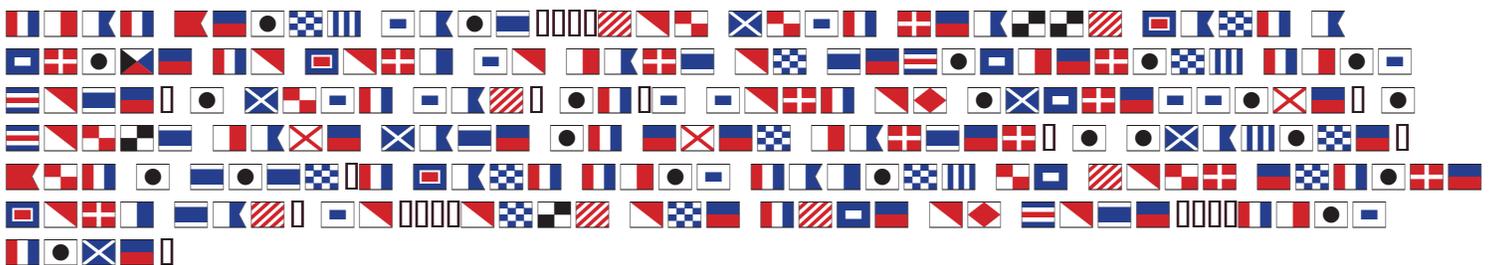
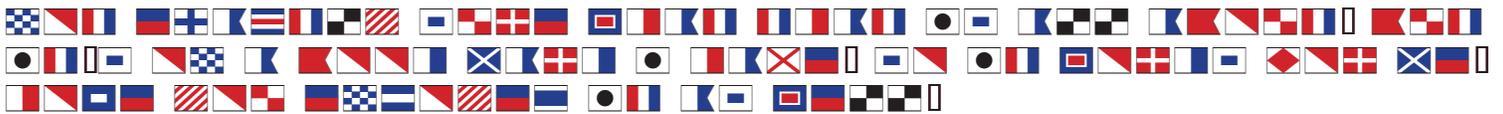
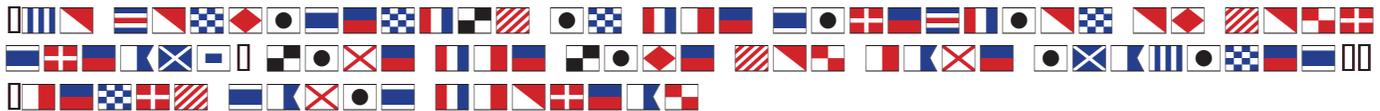
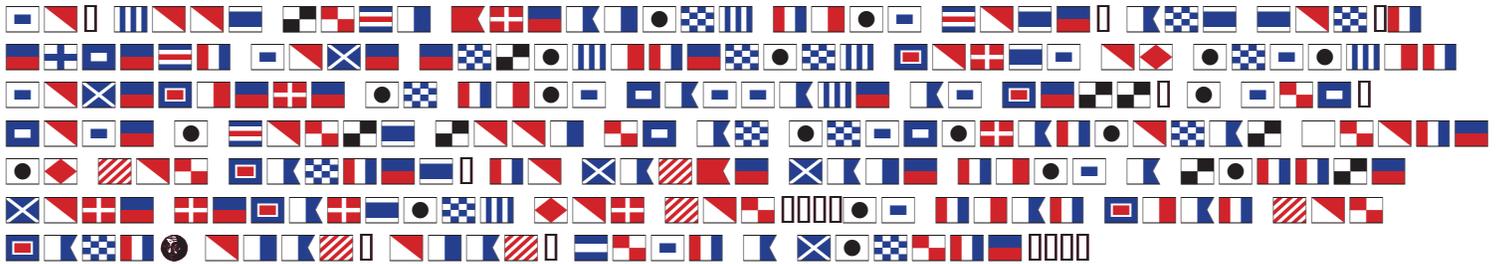
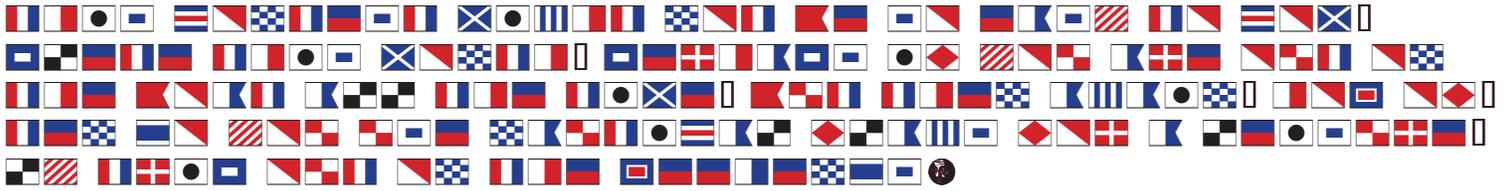


Have you become a fan of the Department's Facebook page yet? If not, do so here: <http://www.facebook.com/pages/Detroit-MI/Wayne-State-University-Neurosurgery/370816994525>

On the Brain for March

Is this the hardest one yet? Maybe not for Gilligan and the Skipper, too....

Crack the code!



Here's your clues.... are your periods and commas, and are your question marks.
The usual rules apply....get your completed contest submission to Brandon ASAP.

The applicant to hand in a correctly cracked code will be deemed the winner and win a great prize.
Everyone is eligible, so don't delay!